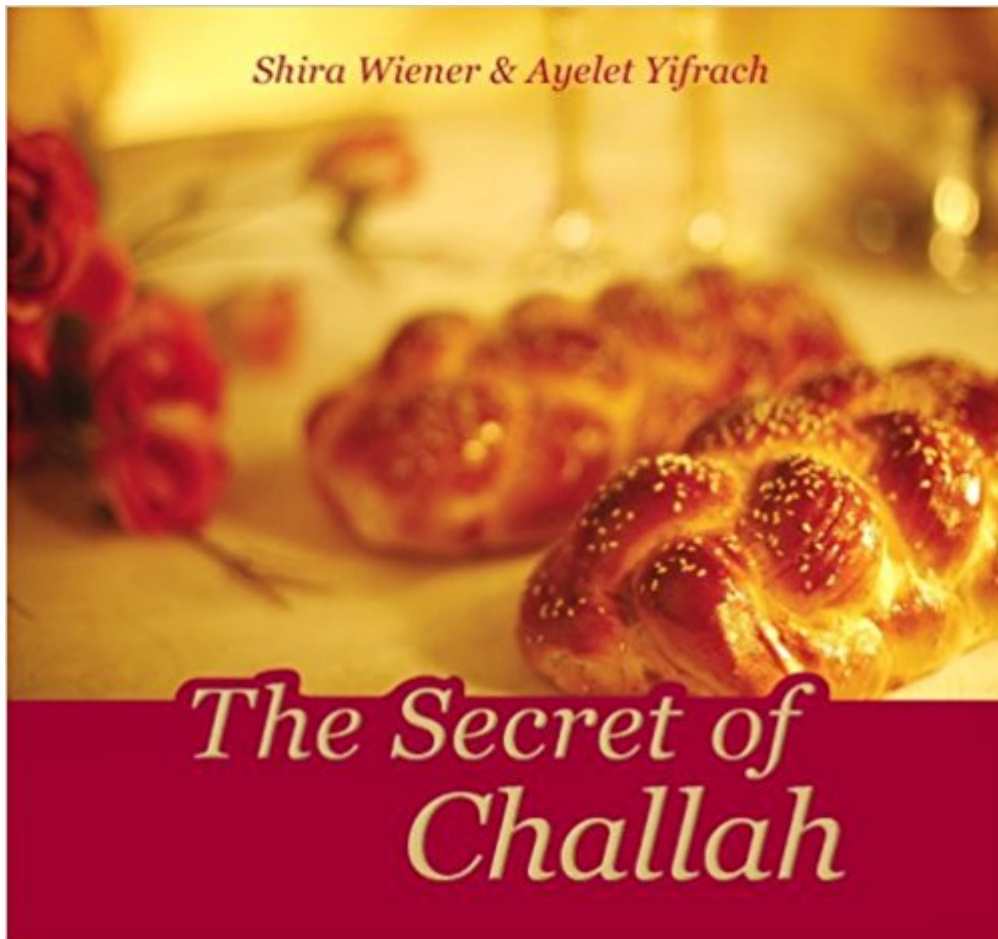




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The Secret Of Challah



Synopsis

Ah, the sweet taste of Shabbat challah... There's something about the smell of freshly baked challah and its wonderful flavor that brings joy to the Shabbat atmosphere. Baking your own challah seems like a difficult and complex process that requires great effort, experience, and special talent. In *The Secret of Challah*, with its clear, step-by-step instructions to making beautiful, delicious challah, you'll find that challah baking is both accessible and fun. In *The Secret of Challah*, you will find:

- Proven and tested challah and bread recipes
- The Art of Braiding a section devoted to teaching you how to shape your own challah and bread, including the traditional six-strand braided challah and the festive rose-shaped challah
- The deep meaning behind the mitzvah of hafrashat challah, which will give your challah baking a new dimension of holiness
- A clear explanation of the practical laws of this mitzvah the unique domain of the Jewish woman
- Experience the sweet taste of Shabbat with *The Secret of Challah* the taste of Shabbat challah. Feed your mind, soul, and family with a cookbook devoted entirely to the mitzvah of baking challah. A chapter on the spiritual side of this essential mitzvah and a step-by-step guide to the details and devotions of separating dough make this beautiful book much more than a collection of recipes. Gorgeous photographs complement the wealth of baking tips, explanation of challah customs, techniques for fancy braiding, and how-to's for unusual shapes for holidays and special occasions. Recipes cover basics like healthy whole wheat, sweet Shabbat, and everyday bread to exotics like egg-free, date-studded and zatar-spiced varieties. *The Secret of Challah* brings both grandeur and practicality to the mitzvah of challah.

Book Information

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Customer Reviews

Shira (Berenson) Weiner has a degree in Educational Systems and Technology from Tel Hay College. She works as chief counselor or women s midrashah in the Ramat Aviv suburb of Tel Aviv. She is the mother of two girls. Ayelet (Berenson) Yifrach has a degree in Art Direction and Graphical Design from Emunah College. She designs books, magazines and Internet sites. She is the mother of three girls.

I love this book. I love that it talks about everything having to do with the mitzvah of baking challah from its roots to the brachot to the techniques. I love the different recipe options, the colorful photos, the guides on how to make different shapes. My girls love using this book as well b/c of all the varieties to choose from. We try different recipes and see which ones are preferred by family and friends. I will be purchasing one for my daughter who is getting married. Every woman should try to fulfill the mitzvah of baking challah at some point and this book gives helpful hints at how to make it work. Baking challah is such a fulfilling mitzvah and this book is really inspirational.

I love this book! The book has a wealth of information, a lovely format, and the recipes are wonderful. Among the information it contains are the laws and reasons for separating challah (as well as extra traditional blessings), a section on braiding challah and various traditional (and some not so common) shapes and the reasons behind them, etc. etc. etc. I've tried several different ones to rave reviews from family and friends. I have the original Hebrew version, but have given the English version as gifts for brides, friends, etc. I warmly recommend it.

I love the spiritual meanings behind the whole process of it, as well as understanding some of the culture more. I'm taking my time reading it and really enjoying it, so I haven't even made it to the recipes or making it yet, lol :-)

Great book! In a very clear and uncomplicated manner, the authors present the background to Challah baking, its laws and the separating of priestly gifts. There are dozens of clear and easy to follow recipes. and its a very pleasant read. Priced reasonably too.

Best book of recipes and traditions available.

This book opened my heart to the holiness of making challah.

Great recipes! Easy to follow. Added bonus of interesting history.

My all time favorite cookbook for challah recipes!

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